

# Some simple ideas to get started



**Set up a waste recycling scheme** – speak to your waste disposal company and find out how they are disposing of your waste. Ask them how much is being recycled and if any of it is going into landfill. Look at options for take back schemes. When you know this, tell people about it.



**Be clear about your 'why'** – agree why you want to embark on this and what you hope to achieve. Get everyone to feed into this as you are likely to get better engagement if the team is behind this and understands why it's important. Big or small, get behind some ideas and inject some passion into it – this will really help to make a difference and will help your programme to succeed!



**Explore local and national schemes for other recycling** – from pens to batteries to crisp packets, there are recycling schemes for lots of items that you can connect in to.



**Switch to green energy** – speak to your energy provider. Ask your suppliers for details of their own sustainability program. Consider if it fits with your goals and whether they are responsible suppliers.



**Review your copier paper** – where possible replace copier and other paper with recycled paper.



**Replace ageing equipment** – when you are looking to upgrade or replace ageing equipment consider looking for those more energy efficient or from more sustainable sources.



**Reduce your own packaging** – when providing multiple prescriptions or other pharmacy goods, consider using paper bags rather than plastic or maybe consider an incentive scheme for customers who bring their own bag.



**Consolidate your charities** – it can be tempting to support lots of different causes, but it might be worth considering whether you could make more impact by choosing one or two charities that you focus your fundraising and activities towards.



**Introduce Keep cups and water bottles** – if your pharmacy employees are using disposable cups, incentivise them to use Keep cups and water bottles that can be refilled.

